THE OLDER CROWD

A distraught senior citizen phoned her doctor's office.
'Is it true,' she wanted to know, 'that the medication you prescribed has to be taken for the rest of my life?'

'Yes, I'm afraid so,' the doctor told her. There was a moment of silence before the senior lady replied, 'I'm wondering, then, just how serious is my condition because this prescription is marked"
'NO REFILLS' .... '

If you're sitting in public and a stranger takes the seat next to you, just stare straight ahead and say, "Did you bring the money?"

On the Lighter Side of Things

Springtime is a good time to enjoy a chuckle! We need to get those healthful and helpful endorphins flowing through our tired bones and bodies.

1. A friend had his second dose of the vaccine at the clinic, after which he began to have blurred vision on the way home. He called the clinic for advice and to ask if he should see a doctor or go to the hospital. He was told NOT to go to a doctor or to the hospital, but to return to the vaccination clinic and pick up his glasses.

2. I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising. I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But, by the time I got my leotards on, the class was over.

3. THE SENILITY PRAYER:
Grant me the senility to forget the people I never liked anyway, the good fortune to run into the ones I do, and the eyesight to tell the difference.